**Safari Lesson**

**Grade Level**; First Grade

**Subject:** Physical Education and Math

**Materials needed:** cones, zebra mask, 3 100 charts, cheetah mask, and lion mane

**Standards**

* 1.NBT.K Count to 100s by ones and by tens.
* S1.E1.K Hopping, galloping, running, sliding, skipping, leaping

**Objectives**

* Predict what number comes next on each number chart
* Demonstrate how to run, hop, army crawl, and climb sideways

**Learning Activities**

1. Designate a sportsmanship leader for the class
2. Warm-up
   1. Run around the gym for 5 minutes
3. Explain to students that we are going to be doing an obstacle course today in Africa.
   1. “Today we are going all the way to Africa today. We are traveling deep, deep into the jungle. You will be swinging like monkeys, walking tall like a giraffe, running fast like a cheetah, galloping like a zebra, slithering like a snake, and being king of the jungle like the lion.”
   2. Students will be grouped at stations before they begin
   3. They will rotate counter clockwise
   4. It is important that they know they must not begin that station unless that have a mask or pair of ears to match
      1. Zebra- students gallop from one cone to the another cone
      2. 1-100 chart
         1. Students complete the next missing number counting by ones
      3. Cheetah- students will run as fast as they can form one cone to another cone while someone times them and they will be allowed to write it on the white board
      4. Giraffe- students will walk on tin cans while holding string to help maintain their balance
      5. Lion- students climb on top of the pyramid hold up a stuffed lion and crawl back down
      6. 1-100 chart
         1. Students complete the next missing number counting by two’s
      7. Snake- army crawl between cones
      8. Monkey- rock climb on the wall
4. Stretch

**Assessment**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Advanced** | **Proficient** | **Near Proficient** | **Novice** | **Needs Improvement** |
| 1. Hustles 100% and stays on task  2. Always Comes prepared with correct tennis shoes and proper clothing  3. Participates in all activities during class  4. Displays greats sportsmanship  5. Uses equipment appropriately | 1. Almost always follows directions  2. Almost always is prepared for gym class  3. Almost always participates in class  4. Almost always shows good sportsmanship  5. Almost always uses equipment appropriately | 1. Sometimes follows directions  2. Sometimes is prepared for gym class  3. Sometimes participates in class  4. Sometimes shows good sportsmanship  5. Sometimes uses equipment appropriately | 1. Rarely follows directions  2. Rarely is prepared for gym class  3. Rarely participates in class  4. Rarely shows good sportsmanship  5. Rarely uses equipment appropriately | 1. Never follows directions  2. Never is prepared for gym class  3. Never participates in class  4. Never shows good sportsmanship  5. Never uses equipment appropriately |

* Students will be graded on how well they follow directions, proper gym attire, participation, sportsmanship, and proper use of equipment

**Reflection**